FEBRUARY 2023
The Cass and Cas

CURT'S CORNER

Dr. Curt Kruschwitz

Last month, something unusual happened. On January 2, with just under 6 minutes to go in the first quarter, Buffalo Bills safety Damar Hamlin made an open-field tackle on Bengals wide receiver Tee Higgins. Hamlin jumped to his feet in celebration – and then collapsed. But Damar Hamlin wasn't merely out of breath or shaken up. His heart stopped beating. Without immediate medical intervention, he would died. An ambulance was called to the field. Medical professionals started giving him CPR.

Shock swept over the players on the field. They knelt down in prayer. The opposing quarterbacks embraced each other. Silence fell over the stadium. And for the first time in NFL history, a game was suspended.

And for the days following, people couldn't stop talking about it. Speculation about the incident filled the interent. Athletes proclaimed prayers publicly for Hamlin. All eyes were on him. This was a moment that not only silenced the stadium...it seemed to still our nation as well. Why was that?

Perhaps because it was a reminder of how fleeting life can be. When opposing players, enemies on the field, came together in prayer for Hamlin, it reminded us that some things are more important than competition, than winning, than all the things we work so hard to achieve. It reminded us of the things in life that matter most: faith, hope, and love. And as the Apostle Paul wrote, "the greatest of these is love."

None of us knows how long we have on this earth. But in a moment of an NFL

game's suspension on live TV, we were reminded of what's most important - living faithfully, holding onto hope in Jesus, and living lives of love.

And it struck me - this is our call as a church family. We're called to be a family that connects with others in God's love, to be empowered by Christ's grace, and to be sent out to make a difference in our community and beyond. These really are some of the most important things in life.

And there are plenty of opportunities to do so this month at church. Our new Wednesday night ministry to the community, Community Table, began February 1. Each week, we'll welcome our community together on Wednesday nights to connect with neighbors, discover resources and events throughout Goochland and Hanover, and give back to our community together. Each week, we'll have a home-cooked meal, followed by an activity, including presentations from relevant community guests, games, creative projects, and in-house service projects designed to serve the local community. We've got flyers at church that you can use to invite your friends - and even give them a free meal. We hope you'll come to this ministry to unite our community.

Another way we're trying to help folks cherish the most important things in life is by offering a Parents Night Out on Saturday, February 11. Our children's committee has agreed to watch children ages 2-10 free of charge to give their parents an evening to themselves. **CURT |** CONTINUED ON PAGE 3



PRAYER MINISTRY:

If you would like to receive our weekly prayer requests, email goochlandchurch@gmail.com.

WEEKLY EMAILS:

If you are not receiving our weekly emails and Sunday sermons and would like to, email goochlandchurch@gmail.com.

Address:

2454 Manakin Road Manakin-Sabot, VA 23103 **Church Office:** 804-749-3522

Email:

Goochlandchurch@gmail.com

Website:

www.goochlandchurch.org

Facebook:

GoochlandBaptistChurch

Dr. Curt KruschwitzPastor

Rev. Sharon Condrey Minister to Families

Deacon Minutes

Teresa Kessler

February is the month to celebrate love. Valentine's Day, February 14, is typically celebrated by thinking about loved ones. Some people send a card or give a box of chocolates. Other people send flowers or plan a romantic dinner for a loved one. There are many ways to show those special to you how much you love them. Should we only focus on love during the month of February?

The English Standard Version of the Bible mentions love over 500 times. This shows us how important love is to God. God showed his love to us by sending his only son to take on human flesh, teach us how to live and love by His example, and then sacrifice himself on the cross as the ultimate act of love for us.

Jesus told His disciples, "This is my commandment, love one another, as I have loved you" (John 15:12). Jesus showed his love to others everyday of his life on earth. He expects us to do the same. Jesus wants us to reach out and show love to others no matter a person's social status, political beliefs, or race.

Celebrate someone special in your life during the month of February, but also live a life of love throughout the year.

As you think about a life focused on showing love and sharing God's love with others, re-read some of the scripture that focuses on love; Psalms 136, 1 Corinthians 13:4-7, and 1 John 4: 16 - 21.

SHARON'S UPDATES

Sharon Condrey

February is a great time to celebrate how Jesus loved us and our love for Jesus. From the scriptures, we know that we love because God first loved us (1 John 4:19.) In addition to the cards and gifts we give each other for Valentine's Day, let's find ways to acknowledge and celebrate God's love during this month. Here are some ideas for you and your family:

Love Letters to Jesus*

Families can write love letters to Jesus to show their love for him. In the letters, have family members write down why they love Jesus and thank him for all he does for them. Then hang these letters in your home for the month of February.

Hearts of Love Trail*

Cut hearts out of red construction paper. Write Bible verses on them that have to do with love. Just write where they come from in the Bible and not the actual verse. Place these hearts around your home for kids to find. When they find them, look up the Bible verses together and write the actual verse on the other side of the heart. Some verses to use: 1 John 4:7, 1 Corinthians 13:4, Romans 12:10, Luke 6:35a, John 3:16, Mark 12:30, John 13:34, 1 John 4:19, 1 Corinthians 13:13.

*These and more ideas found at https://www.cokesburykids.com/blog/valentines-day-family-activities/.







February 3 Waldon Chisholm

Sarah Flaig Billie Massie

February 6 Kevin Dunne

February 8 Dan Bowers

Edie Flaig

February 10 Mert Henley

February 11 Teresa Lessler

February 13 Allen Bowles

February 14 Jim Allen

Virginia Cernac

Edward Hayes

February 16 Ralph Claytor

February 22 George Koch

Stuart Melton

February 23 Linda McKenzie

February 25 Carolyn Heath

February 27 Leah Grissom

February 28 Sherry Rosen



You're Invited:

Children 5 years of age through 5th grade are invited to join us following Pastor Curt's Children's Sermon.

Children will be learning the following "Need to Know" truths:

Feb. 5 – I'm Blessed When My Thoughts are Pure

Feb. 12 – I'm Blessed When I Work to Bring Peace

Feb. 19 – I'm Blessed When I am Humble

Feb. 26 - Love is Patient and Kind

CURT | CONT. FROM PAGE 1

Please RSVP to Kitt Townsend (kitt23.ct@gmail.com) if you'd like to sign your children up, or if you'd like to volunteer to help.

We've got other ways to connect with what's most important this month. We'll be starting a knitting group for Knots of Love. If providing caps for chemo patients or blankets for babies in a NICU sounds like a ministry you would like to be a part of, please join my wife, Erin, for an information meeting following Sunday School on Feb. 5th or following The Community Table on Feb. 8th. You can also pick up a hand-out with more information in the foyers of the sanctuary and MPR building.

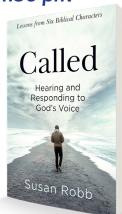
The liturgical season of Lent begins February 22. Lent has a reputation for being a time to give up certain things. To some, this sounds like it'd only add to our misery. But at its heart, Lent is a season for us to grow closer to God. Jesus said, "Anyone who wants to follow me must deny himself and take up his cross daily" (Luke 9:23). For the season of Lent, I'll preach on what it means to deny ourselves daily by examining the eight deadly vices our church fathers and mothers identified as hinderances to our relationship with God. My hope is that this will be a season where we can draw closer to God.

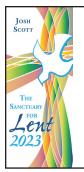
It's our hope that the ministries and gatherings offered by GBC this month will help point you to the things that matter most in life. I hope you'll find ways to get involved!

CALLED BIBLE STUDY

Wednesdays @ 4:30 pm

If you think that God only calls a handful of people to do God's work, this study will challenge you to think differently. In this study, each week we'll look at how God interrupted the lives of ordinary men and women in the Bible to call and empower them to lives of meaning they'd never have dreamed of on their own.





Pick Up Your

FREE Lent Devotional

in the Sanctuary and in the New Life Building.

Lent begins February 22, 2023.



Volunteer Day!

Saturday, Feb. 25 8 am-10:30 am

Contact Shannon Wilson, shannonwilson3@mac.com



YOU'RE INVITED!

Dinner at 6:00 pm | Activities at 6:30 pm

Each week, we'll have a delicious, home-cooked meal, followed by an activity, including presentations from relevant community guests, games, creative projects, and in-house service projects designed to serve the local community.

Dinner is \$4/adult, \$1/child, maximum \$15.00/family

Goochland Baptist welcomes our community together on Wednesday nights to connect with neighbors, discover resources and events throughout Goochland and Hanover, and give back to our community together.

February 8

Craft Night We'll design homemade valentines for your friends and for our neighbors at the Chelsea Rehabilitation and Healthcare Center.

February 15

Service Project We'll give back to the community by preparing brown bag lunches for students at Goochland Elementary who may need some extra food to take home on weekends.

February 22

Game Night

We'll have an old-fashioned BINGO night!

Please RSVP to reserve meals for you and your family at www.goochlandchurch.org/communitytable.

January @ GBC

In January we had Deacon Ordination for our two newest Deacons, Jessica Stanley and Justin Lingerfelt. We also handed out invitation to our Community Table in the neighborhoods surrounding our church and held a youth lock-in.

Thank you to all who helped put together and deliver gift bags (including some of the youngest in our church family) and those who volunteered at our youth lock-in.













2023 GBC MISSION OPPORTUNITIES

The Mission Development Committee will be sponsoring the following mission opportunities throughout 2023.

Brown Bag Ministry

GBC prepares oversized brown lunch bags with snacks and small meals for needy students who attend Goochland Elementary School. These bags are prepared by a group of retired friends monthly on Wednesday afternoons, and delivered every Friday throughout the school year. **Contact Betsy at 804-937-9365.**

CARITAS

Caritas is a Latin word meaning love and compassion. The CARITAS organization helps our most vulnerable neighbors break the cycles of homelessness and addiction to reclaim their dignity. CARITAS is one of GBC's missions partners. Throughout the year we will publish items we will be collecting for CARITAS. And we will also let you know of any immediate needs. Contact Mila Spaulding, mila.spaulding@gmail.com or 804-305-7506.

CARITAS Immediate Need: CARITAS has an immediate need for these used items: sofas (full-size or loveseat), mattresses (twin, full, queen). All items need to have no rips, stains, or pet hair. If you or someone you know have one or more of these items to donate, you can arrange to deliver them to CARITAS by contacting Emily Millhiser at emillhiser@caritasva.org or call her at 804-358-0964.

Goochland Cares: Donations

The Mission Development Committee has made donating items to Goochland Cares easier. Just drop off your gently used clothes (no stains/holes) and household items in the white box located outside between the sanctuary and east wing. Larger and breakable items can be stored in the east wing classroom. Donated items are typically taken to Goochland Cares on volunteer day (4th Saturday). Contact Gale Chaisson.

Goochland Cares: Volunteer Day

Goochland Cares provides basic human services and health care to our Goochland neighbors in need. Join us as

we remove outdated items in the Clothes Closet and organize the Food Pantry. Goochland Cares does want to know who is volunteering prior to arrival so please let Shannon Wilson know by the Wednesday before Volunteer Day. See page 4 for more information.

Knots of Love

This is a new missions option at GBC. Do you knit/crochet OR do you want to learn? If providing caps for chemo patients or blankets for babies in a NICU sounds like a ministry you would like to be a part of please let Erin Kruschwitz know. You can also pick up a hand-out with more information in the foyers of the sanctuary and MPR building.

INFORMATION MEETING: Sunday 2/5/23 after Sunday School or Wednesday 2/8/23 after Community Table. Contact Erin Kruschwitz.

Kroger Community Rewards Program

If you shop at Kroger, you can make sure part of your purchases also help the GBC local mission effort by connecting your account and/or rewards card to Goochland Baptist Church. If interested, please pick up an instruction sheet provided in the foyer of the sanctuary and the MPR building. Contact Gale Chaisson.

SoleHope

Youth (6th-12th graders), please join us on Wednesday nights to participate in a hands-on mission project that will help provide much needed shoes for children in Uganda. Jiggers in the feet of children is a debilitating situation for many Ugandans. Just owning a simple pair of shoes can be totally life changing. (Note - If you are older than 18 and high school is a distant memory BUT this ministry sounds interesting to you, you too can join us!). We will be working on this project in the basement of the older building on Wednesday nights following dinner. Contact Mila Spaulding at mila.spaulding@gmail.com.



GREETERS

February 5 Teresa Kessler & Jeff Parrish
 February 12 Angela & Cameron Bassett
 February 19 George & Janet Koch
 February 26 Diane Procter & Jessica Stanley

USHERS

February 5 Hope Webb & Cameron Bassett
February 12 Diane Proctor & Justin Lingerfelt
February 19 Elizabeth Bowers & Nicole Lingerfelt
February 26 Jean Fields & Gerry Nuckols







- For the January JOY Club Meeting, Ed Polich and Paul Muller entertained with their songs of faith, family and fun. Lunch was Hamburger Steak provided by the Pickel Barrel.
- For the January Senior Outing GBC seniors traveled to the Virginia Diner in Wakefield for a delicious lunch and also celebrated Willy Hall's 82nd birthday with a cake.



WEDNESDAY, FEBRUARY 22ND @ 10:30AM

Entertainment will be "Gospel Glory" featuring Bill and Linda Lewis.

Meal will be provided by the Pickel Barrel.

Members, please bring desserts.



SENIOR OUTING:

February Senior Outing will be on **Thursday**, **February 16**.

The bus will leave GBC at 11 am and we will be heading to Bon Air for lunch at Joe's Inn.

RSVP to John Webb at 804-334-9270 due to a head count being necessary.

Any questions please call John Webb at 804-334-9270. www.goochlandchurch.org/senior-adults

FEBRUARY 2023 PRAYER REQUESTS

Allen Bowles-returned home following another broken hip.

Frances Bradshaw-at the Laurels Convalescent Center.

Eva Childress—recovering from a recent fall.

Jackie Eby-living Vitality Living West End.

Frank and Janet Faudree-health concerns.

Caney Flaig (youngest grandson of Kurt and Edie Flaig) – last week's surgery was rescheduled for March due to illness.

Linda Gibbs—back at Beth Shalom following recent hospitalization. Has a new infection. Pray that her new antibiotic works.

Carolyn Heath—living at the Discovery Village at the West End.

Scott Hobson-has multiple myeloma.

Amos and Judy Johnson— have moved into Vitality Living Assisted Care. They welcome visits!

Connie Long

Hazel Melton-recovering from stroke at home.

Rebecca Michels—Recent test results show that radiation is working to shrink treated spots; however, there are 2 new spots, so Rebeccas has begun the more difficult chemo again.

Linda Moore—recovering from successful hand surgery on February 1.

Don Powell-receiving in-home nursing care

Daisy Purcell-blood sugar issues

Amy Richardson (Gwen Padgett's aunt)—got good labs last week that show the cancer marker is almost normal; hopes to start a maintenance drug that will keep her in remission.

Wanda Waldrop—cancer has recurred and Wanda has begun chemotherapy once more. Wanda is ready to receive phone calls now, but please, still no visits.

Family & Friends of GBC Members

Jaimie Algood (37 year old friend of Sherry Rosen, wife and mother of 3)—dealing with rare and serious form of cancer; is at MD Anderson in Houston for 31 days or chemo and radiation.

John Bartlett-Linda Moore's brother has C-Diff.

Julia Beaver (friend of Janet Myers)—has Crohn's Disease and significant weight loss.

Wanda Coppedge (friend of Diane Proctor's son, Travis)—hit by forklift at work, has had 2 brain surgeries, and is in an induced coma.

Megan Curry and family (Nicole Lingerfelt's cousin).

Ann Dalton (friend of Jackie Ford)—has cancer which isn't responding well to chemo

Danielle Dunkum (Pastor Sharon's cousin's 23 year old daughter)—recovering at home after accident.

Jerry Fanning (friend of Willy Hall and John Webb)—health concerns.

Savannah Fortune (daughter of Jennifer Fortune, friend of many at GBC)—pray for her as she is on active duty in the US Navv.

Bill and Virginia Hayden (Gayle Stanley's parents)—health concerns.

Kelly Harris (Jimmy and Brenda Allen's daughter) - released from hospital and recovering at home.

Stephen Hill (brother of good friend of Gwen Padgett)—cancer.

Neslihan Kocer (sister of Mike Nicholas' friend John Kocer)—fighting cancer and receiving chemotherapy in Turkey.

Linda Kellum (Rebecca Michels' Mom)—went home at the end of April!

Maggie Vaughan Lawrence (Brenda French's friend, a wife/mother in her 30s)—got good recent scan results; has an MRI on 12/15.

John Mefoud (friend of Mike Nicholas) - will have surgery to try and remove tumors on his liver next week. Pray for John and his wife, Suzanne, during this time.

Phillip Nicklas (husband of Brenda French's friend in Washington DC)—Had a great response from stem cell transplant but has suffered with cardiac complications. Prayers are appreciated.

Neal Purcell (David Purcell's brother)—at home recovering from hospitalization.

Jay Ramsey (William and Lila Hicks' son-in-law)—diagnosed with liver cancer. Please pray for the Jay and his wife Kim, as well as the entire Hicks family.

Eddie Richardson (Gwen Padgett's uncle)—recovering at home after recent hospitalization.

Wilma Rushing (Brenda French's 94 year-old mother)—the doctors are recommending she be moved into a long term care facility due to age and all the compounding concerns. Prayers for this new adjustment. She always tells her daughter, Brenda,how much joy is gives her when she receives a card from the Goochland family. Brenda hopes to be able to visit with her in the next week or so.

Chick Sweeney (Kevin Dunne's brother-in-law)—recovering at home from a "minor" stroke which mainly affects his speech which he finds very stressful, which drives his blood pressure beyond healthy limits.

Brian Sweeney (son of Chick, see above)—continues to wait for a kidney transplant.

Dolly Vopelak—(Ken Stalls' mother in NC) on hospice; just turned 98 years old.

Sharon Wood—(Hazel Melton's sister) health issues. Mariam Egbal Yuen (Carla Yuen's daughter-in-law)—recovering from treatment for neuropathy.

Our sympathy to...

To Susan and Wayne Tinsley for the loss of Susan's mother, Claudia Hicks.

Please email goochlandchurch@gmail.com with new prayer requests, changes to prayer requests, or to be added or removed from our Prayer Request Email List.