



FOOD DRIVE

for the GoochlandCares Food Pantry

**GOOCHLAND
CARES**
Free Clinic and Family Services



Join your neighbors to collect food or donate to GoochlandCares Food Pantry, which serves over 360 hungry families each week!

MOST NEEDED ITEMS:

- Canned Meats & Fish
- Canned & Dry Beans
- Pasta Sauce & Canned Pasta
- Canned Soups & Broth
- Rice
- Peanut Butter
- Cereal & Oatmeal
- Bar Soap



**\$25 PROVIDES ONE WEEK OF MEALS
FOR A FAMILY STRUGGLING WITH HUNGER**
DONATE ONLINE AT [GoochlandCares.org/Donate](https://www.GoochlandCares.org/Donate)

Consider low/no salt, low/no sugar, packet in water or light juice/syrup when possible

Questions? [GoochlandCares.org/Food-Pantry](https://www.GoochlandCares.org/Food-Pantry)

THANK YOU!

2999 River Road West | Goochland, VA
804-556-6260 | www.GoochlandCares.org
Follow us on Facebook & Instagram @GoochlandCares